

Class Descriptions

- Ballet** - A classical class which includes barre, center floor and across the floor exercises. Emphasis on technique and grace.
- Creative Movement/Pre-Ballet** - Explorations of movement through space, rhythms and songs. Enhance coordination and imagination. An introduction to basic ballet.
- Fundamentals of Dance** - Basic tap, jazz, ballet and tumbling movements.
- Hip Hop** - An expression of individuality that sends you in a direction without boundaries. Allows you to experiment with music and movement adding your own style with a twist of urban.
- Modern Dance** - Students will learn fundamentals of modern dance techniques such as Limón, Horton, Cunningham and Graham. Using some of the basic exercises from these techniques, students will gain strength, flexibility and fluidity of movement.
- Pilates** - A system of detailed exercises that utilize mind and body to strengthen "core muscles." This results in stronger, longer and more balanced muscles throughout the body. This course is taught by a certified Pilates instructor.
- Stretch & Tone** - All exercise is done to music. This class is designed to work all muscle groups. Resistance work with dynabands and weights included.
- Tap** - A rhythmic dance form that improves coordination. Technique, traditional steps and routines are given.
- Tumbling & Gymnastics** - Includes floor exercise, balance beam, parallel bars and mini trampoline.

2024 Holiday Closings/Important Dates

- Martin Luther King Jr. Day — Monday, January 15th
- Fall Session Ends — Saturday Jan. 28th
- Spring Session Begins — Monday, January 30th
- President’s Week — Monday, February 19th - Saturday, February 24th
- Easter Weekend— Thursday, March 28th-Saturday, March 30th
- 2nd Payment for Spring Session Due - Saturday, April 1st
- Eid al-Fitr - Wednesday, April 10th
- Passover - Monday, April 22nd-Tuesday, April 23rd
- Memorial Day — Monday, May 29th
- Spring Session Ends — Monday, June 10th
- Recital - June 2024 (date TBD)



dance & exercise studio
 3590 Netherland Ave.
 Bronx, NY 10463
www.michelecompadance.com
 (718) - 549 - 9635

To register, scan here!



3590 Netherland Ave. Bronx, NY 10463 • 718.549.9635

Spring 2024 Dates and Fees

Spring Session: Monday, January 29th — Monday, June 10th

PLEASE NOTE As of January 15th 2023, all credit card transactions will incur a 3% convenience fee. Prices displayed are cash prices. To avoid this fee, you can pay with cash or check.

Children's Fees:

Registration/Insurance Fee: \$35 per child or \$45 per family

Trial Class: \$24.00 (can be deducted from tuition if registering)

Per-Semester Payment:

1 class per week	\$410.00
2 classes per week	\$780.00
3 classes per week	\$1,120.00
4 classes per week	\$1,425.00

****Late fee (more than 10 days late) \$10.00****

Two-Payment Plan:

(2nd payment due: April 1st for Spring semester)

1 class per week	\$215.00
2 classes per week	\$395.00
3 classes per week	\$570.00
4 classes per week	\$722.00

Trial Class \$23.00 (can be deducted from tuition if registering)

****Late fee (more than 10 days late) \$10.00****

Private Classes

1 hour	\$90.00
45 minutes	\$80.00
30 minutes	\$70.00

Late fee (more than 10 days late) \$10.00

Group Private Rates or Ballroom Dance Package

\$425.00 - 5 one-hour classes

\$800.00 - 10 one-hour classes

Adult Exercise (Includes stretch & tone and pilates)

Single Class	\$20.00
Ten Class Card	\$185.00
Twenty Class Card	\$340.00

Both 10 and 20 class cards are valid for 11 weeks only

Adult Dance Classes

\$195.00 - 10 classes

Fall 2023 Schedule:

Monday:

2:30pm-3:30pm	Adv./Beg. Tap	Adult
4:00pm-5:00pm	Ballet II	Ages 6-8
5:00pm-5:45pm	Creative Movement/Pre-Ballet	Ages 3-4
5:45pm-6:45pm	Int. Ballet	Ages 11-Teen
6:45pm-8:00pm	Advanced Ballet	Ages 12-Teen
8:00pm-9:00pm	Pilates (Online Only)	Adult

Tuesday

3:30pm-4:30pm	Ballet I	Ages 5-7
4:30pm-5:30pm	Adv. Beginner Modern	Ages 9-12
5:45pm-7:00pm	Advanced Ballet	Ages 12-Teen
7:00pm-7:45pm	Pre-Pointe/Pointe	Ages 12-Teen
7:45pm-9:00pm	Advanced Modern/Contemporary	Teen

Wednesday

10:30am-11:30am	Stretch & Tone (w/ weights)	Adult
11:45am-12:45pm	Beginner Tap	Adults
4:15pm-5:00pm	Fundamentals of Dance (incl. Tap)	Ages 4-5
4:15pm-5:15pm	Ballet III	Ages 7-9
5:15pm-6:00pm	Pre-Ballet	Ages 4-5
6:00pm-7:00pm	Ballet	Adult

Thursday

3:45pm-4:30pm	Tumbling & Gymnastics	Ages 3-4
4:30pm-5:30pm	Tumbling & Gymnastics	Ages 5-7
5:30pm-6:30pm	Tumbling & Gymnastics	Ages 8-10

Friday

10:30am-11:30am	Stretch & Tone (w/ Dyna-Bands)	Adult
11:45am-12:45pm	Adv. Tap	Adult
3:45pm-4:30pm	Hip Hop	Ages 5-6
4:30pm-5:30pm	Hip Hop	Ages 7-9
4:45pm-5:45pm	Tap & Jazz II	Ages 6-8
5:30pm-6:30pm	Hip Hop	Ages 10-12
6:30pm-7:30pm	Hip Hop	Teen
7:30pm-8:30pm	Hip Hop	Adults

Saturday

9:30am-10:15am	Creative Movement/Pre-Ballet	Ages 3-4
10:00am-11:00am	Tap & Jazz III	Ages 7-9
10:15am-11:00am	Pre-Ballet	Ages 4-5
11:00am-12:00pm	Ballet III	Ages 7-9
11:00am-12:00pm	Adv. Intermediate Tap & Jazz	Ages 10-12
12:30pm-1:30pm	Ballet I	Ages 5-7
12:45pm-2:00pm	Adv. Tap & Jazz	Teen
1:30pm-2:30pm	Ballet II	Ages 6-8

Recital & Observation Class

All information regarding the recital and observation classes are to be determined according to circumstances.

Studio Policy

1. There will be a \$10 late fee applied to all late payments as well as a \$40 bounced check fee will be applied to any transactions where a check has been bounced. This policy is non-negotiable.

2. The studio opens fifteen minutes before class begins.

3. Children must be accompanied by an adult in the waiting area at all times. The studio is not responsible for unattended children.

4. Children must be picked up on the studio premises promptly as the class is dismissed. The studio is not responsible for children asked to walk to cars or off the studio premises.

5. A maximum of two make-up classes per child, per semester are allowed. Make-up classes are at the studio's discretion and only if space permits. Make-up classes require an appointment.

6. No refunds. Classes must be taken within the semester. No credit issued towards future semester's.

7. Children are not allowed to attend class when tuition is more than ten days past due.

8. Guests are not permitted. Observers are only allowed on designated observation days.

9. The studio is not responsible for lost Adult class cards. If the student does not bring his/her class card, the class must be paid for individually.

10. All classes (including trial classes must be paid in advanced.